

Is Un-Aging Unrealistic, or Possibly A Totally New Concept? Absolute Proof That It's Entirely Possible

Although anti-aging is without question desirable, and at least considered by some as possible, un-aging or age reversal would obviously be even better, yet with a few exceptions, it's considered as impossible. That just happens to be something I believe I have been able to accomplish for over 20 years now. If I can do it, there's no reason to believe that others can't as well. In order to effectively reverse the aging process, there are some things we need to consider.

First, we need to focus on optimizing the biological terrain that all our cells are exposed to on a daily basis. As long as our cells are continually surrounded by a toxic environment, their potential will be greatly compromised. There are also ways we can both improve the function of the cellular membrane, and the condition of the receptors, necessary for optimum nutrient absorption, and efficient cellular communication, as well as the elimination of toxins from the cells.

We also need to address the condition of each organ, (one at a time), and if necessary, restore them to optimum function. For example, it's a proven fact that the heart and liver have tremendous restorative capability. They both play a critical role, regarding our overall health, thus maintaining their health should be a top priority. Even the kidneys, and the function of the beta (insulin-producing) cells in the pancreas, can often be restored as well. That's especially true if we incorporate some resources that very few are currently aware of, which we will be discussing.

Rather than resorting to heart bypass surgery, as far too many have been unnecessarily coerced into, it's also possible to stimulate the growth of new cardio arteries supplying the heart muscle if necessary, (no surgery required)! Best of all, the therapy is actually covered by insurance, which is rather rare regarding any natural therapy. Just don't expect your cardiologist to recommend it, especially if he or she is a heart surgeon. Heart surgeries are a big business, and highly profitable. It's also possible to heal the arteries, and increase their flexibility, and thus their ability to dilate (widen), when necessary.

Finally, gradually removing the accumulation of plaque from the arteries is also possible, although "not with statin (cholesterol-lowering) drugs"! The problem is, statins actually contribute to calcification of the arteries, as well as weakening the heart, and contributing to kidney damage, and muscle wasting. Thus, statins actually contribute to aging, rather than anti-aging, which just happens to be true regarding most medications. The condition of the arteries and capillaries plays a critical role regarding how efficiently the oxygen and nutrients are delivered throughout the body and brain. It's also important regarding the efficient removal of toxins.

In order to totally detoxify the body, it's helpful to begin by removing dozens, (at times, even hundreds), of stones from the bile ducts in the liver, and at times the gall bladder, which typically accumulate over the years. It takes only three days, and is surprisingly

easy, as well as totally painless! Stones lodged in the bile ducts throughout the liver actually reduce the flow of bile, which is responsible for metabolizing fats, and removing toxins. It's also possible to stimulate the flow of bile with some herbs during detoxification, which helps eliminate toxins more effectively. Interestingly, cholesterol has many benefits in both the body, and brain, and any "excess" is actually converted in the liver to bile, and removed along with toxins.

Several years ago, I also discovered how we can help keep our intestinal tract cleaner and healthier, thus greatly reducing the risk for colon cancer. That is also critical for eliminating the absorption of toxins from fecal matter remaining in the large intestine, into the bloodstream or lymphatic system (along with the removal of water). The most toxic and carcinogenic (cancer-causing) of all food that often ends up in the intestine is meat that has not been completely digested. It's basically necrotic (dead tissue), which can putrefy in the anaerobic environment of the large intestine, if not totally eliminated.

That's especially a concern for the elderly, who often don't produce sufficient hydrochloric acid (HCL) and pepsin, necessary for digesting proteins. Also, anyone taking antacids, or proton pump inhibitors (such as Prilosec™ and Zantac™) will experience the very same problem. They either suppress, or neutralize, the HCL necessary for digesting proteins, and assimilating critical minerals. Another function of HCL is killing bacteria and viruses, (obviously a major issue). This is a typical example of a class of medications that, in order to suppress a totally avoidable symptom, is potentially contributing to several serious conditions in the process. Protein is a critical resource that the body relies on daily, such as producing enzymes and neurotransmitters, as well as maintaining the approximately 300 billion cells that are being replicated (replaced) on a daily basis, just to name a few.

One important function of the large intestine is the removal of water, as I mentioned earlier. Thus, the more toxic the environment in the large intestine, the more toxins our cells will eventually be exposed to. This places an excessive load on the liver, (our primary detoxifier), as the more toxins there are in the large intestine, the more toxic the water being removed on a daily basis will also be. Even worse is, in regards to anyone who either drinks alcohol, or is taking drugs (legal or illegal), or both. To the liver, they are all inorganic chemicals, and thus toxins that must be eliminated. The more drugs (medications) a person is taking, the greater the toxic burden the liver must deal with. Any toxins the liver can't effectively metabolize and remove at any one time, is normally stored in the fat tissue, (the body's primary reservoir for toxins). This can potentially contribute to a very toxic environment (biological terrain), which all cells could eventually be exposed to. Our greatest exposure of all would be, when fat tissue is either broken down and utilized for energy, or during an attempt to lose weight, which also involves the removal of fat tissue along with any stored toxins. The good news is – it's totally avoidable, and an important prerequisite for effectively "reversing" the aging process.

Of primary importance is, the withdrawal of any unnecessary medications (prescription or over-the-counter), which in my opinion are actually seldom (if ever) necessary. The problem is, they deplete critical nutrients, create toxins, and contribute to an acidic

condition that depletes oxygen, (all major concerns). They also overload the liver, making the removal of other toxins much less effective. I personally have never resorted to their use, and also never will. I consider them as toxins that I would never consider exposing my body to – ever! It's not just accidental that the longest living people in the world never heard of them. Convincing the public that they somehow can't survive without them is, in my opinion, out-and-out deception!

I have yet to encounter anyone who didn't begin improving, just by eliminating his or her medications. It's quite amazing how much improvement people soon begin making, just by withdrawing from their medications. Then, the more medications they are taking, the more benefit they will normally experience from their withdrawal. Some medications can be very toxic, especially when they are contraindicated (prescribed in dangerous combinations), which is becoming all too common today. Once the withdrawal is completed, followed by supplementing with the proper nutrients, true healing is finally possible. Without a doubt, drug dependence and optimum health, are mutually exclusive, (they "never" go together). This can be easily proven, if necessary. It initially takes a little courage for some to consider withdrawing, but once they begin feeling so much better, the fact they were in appropriate, soon becomes obvious.

Many other doctors are now coming to the very same conclusion that I, and a few other doctors, have been aware of for years. If you are experiencing any health concerns, there's a very good chance that your medications are contributing to the problem. Unfortunately, most of the traditionally trained doctor's solution would be, just one more symptom-suppressing, as well as symptom-producing and nutrient-depleting drug. They basically suppress one symptom, while creating a few more in the process, (the typical domino effect), not to mention their nutrient depletion. I also discovered that most medications are normally being prescribed just to treat the side effects created by other medications, (and all it takes is just one drug to start the process). For example, two common side effects associated with Eli Lilly's SSRI antidepressant Prozac™, are the bipolar disorder and diabetes, and they just happen to have created drugs for both conditions as well. They know very well what the side effects of their drugs are, and they want to make sure you're covered. It's obviously a very profitable strategy, although the unsuspecting patients are the ones paying the ultimate price. If they only knew!

I am constantly searching for new discoveries, and as I noted, I recently uncovered an amazing discovery that even few natural practitioners are yet aware of. It appears to have tremendous potential for both extending our life span, and our quality of life, in several different ways. For example, it seems to have the ability to begin addressing, and finally resolving, various chronic conditions that once had been considered as impossible. One way it does so is by greatly increasing the strength and efficiency of the immune system, as well as preventing autoimmune conditions, a primary contributor to several diseases. Most importantly, it helps to finally re-establish cellular communication, which is especially compromised as we age, and the primary contributor to many chronic conditions that often go unresolved for decades. Even many long-term sports injuries are surprisingly resolved, (something I personally have

experienced). Not just controlling pain, but totally eliminating it, by finally healing the source of pain, (true healing).

Our objective will be addressing the underlying cause, and finally providing a natural solution, rather than just suppressing some symptom, (as drugs are so well known for), which is without a doubt, the most expensive, yet least effective approach. Just suppressing symptoms is basically a life-long process. Natural therapies instead focus on results, rather than profit potential.

Possibly most amazing of all, regarding my recent discovery, is its ability to stimulate the production of “stem cells” by the bone marrow! It actually came as quite a surprise to one of the lead developers. It was just an added bonus that was totally unsuspected. That’s just one more resource that could be incorporated to help potentiate the restoration of our organs, along with a class of specially processed glandular extracts specific to each organ, (including the brain). The problem is, most glandulars are basically ineffective, as the immune system actually identifies them as foreign tissue (or an enemy), and thus attacks and destroys them. Fortunately, there is a way to circumvent that process, and provide the substrate (everything except the protein) necessary for rebuilding organs. It’s the protein in most glandulars that causes them to be attacked and destroyed by the immune system, which undermines their effectiveness.

By incorporating the specially processed glandulars, along with the increased production of stem cells, and specific nutrients with frequencies that can be balanced to match the targeted organ, we can now begin restoring the health, and thus the function of each organ, one by one. Even if all organs appear to be functioning normally, it’s possible to restore them to more youthful levels, and thus optimize their function, (an important component of age reversal).

Incidentally, each herb has a specific frequency, as do each of our organs. Interestingly, a plant’s frequency is actually based on its particular molecular size. Thus, by combining different herbs, for instance, it’s possible to create a formula with a matching frequency that can help heal, or strengthen, a targeted organ. That particular modality is referred to as Quantum Medicine, which basically focuses on the cells and organs at the molecular level, based on their specific frequency. It also addresses, and resolves, any blockages encountered in meridians, supplying energy to each organ. It’s just one more therapy that can potentially optimize the benefit of other therapies for finally resolving especially difficult conditions. Combined, they have tremendous potential for achieving our ultimate goal of true age reversal. The objective will be restoring optimum health and function, cell-by-cell, and organ-by-organ. In order to be effective, we must assure that as each cell replicates (regenerates), it will be healthier than the cell it’s replacing, (the very basis of age reversal).

Cells must also be able to effectively communicate, and thus cooperate with each other, in order to maintain optimum health and overall function. Any time the function of one organ is in any way compromised, it basically places an additional load on the other

organs. It's ultimately our responsibility to assure that they have adequate resources to accomplish their objective effectively, thus that will be our goal.

That's what I consider as the combination necessary for effectively "reversing" the aging process. Most importantly, they are all resources that are currently available. Thus, we can actually begin incorporating them today, rather than waiting for some new discovery, some day in the future. Although, new discoveries are something many scientists continue searching for, and will hopefully discover in the near future. As technology is rapidly advancing, new discoveries should soon be forthcoming. Motivation, dedication, and teamwork, should help speed up our progress.

My solution basically involves utilizing Our Creator's pharmacy, (not only far more complex, but also light years ahead of man's), combined with our latest scientific discoveries. At least from my own personal experience, it appears to be a winning combination for true "age reversal". Then, who knows what new discoveries the future might possibly bring? The longer we can hang in there, and forestall the aging process, the greater our future potential should be. Rather than waiting, there is no reason we can't get started now, and be at the forefront, anxiously awaiting the next discovery.

More scientists are currently focusing on anti-aging, than at any time in history. Hopefully, others will soon discover, as I have, that drugs are not the solution, but instead major contributors to poor health and aging, which can now be proven by the negative influence they would without a doubt have on gene expression. The University of California at Berkley has already recently conducted a study, which proves that vitamins and minerals have a positive influence on how our genes are expressed. Thus, as drugs are known to create serious nutrient depletion, (and thus a nutritional deficiency), along with many troubling side effects, it only stands to reason that they would instead negatively influence our gene expression. We now have the ability to finally prove scientifically, the potential benefit of nutrients – something that the pharmaceutical giants, with the assistance of the FDA, have been doing their utmost to discredit. They basically pose a financial threat to the pharmaceutical industry. It's an increasingly aggressive campaign, and fraudulent practice that can, and absolutely must, be exposed. Most importantly, we now have the technology available to do just that!

Millions of lives are being unnecessarily sacrificed every single year, and just for the sake of generating exorbitant profits, from the promotion of "highly inflated" drugs to the unsuspecting public, and their doctors. We now have the science of genomics, or gene expression, to finally put an end to the obvious deception. Our current healthcare system is not financially sustainable, and I believe it's just a matter of time until the obvious corruption will finally be exposed. Only then, can we finally experience a true healthcare system. A system based on disease prevention, which would result in a dramatic decrease in the rate of diseases such as diabetes, heart disease, cancer, arthritis, osteoporosis, and even Alzheimer's disease. Interestingly, most medications actually contribute to disease, and that's especially true regarding Alzheimer's!

Then last but not least, there's much more to the mind-body connection than most people realize. If you think and act young, your body will soon get the point, and begin responding accordingly. It's also a valuable resource that we can all afford. You must truly believe you can get younger, in order for it to become a reality. I both think, and feel, much younger than I did many years ago. It appears that my body must have gotten the message, which I can assure you, it will continue receiving! That, combined with the other resources we just discussed, should be a winning combination for un-aging.

It's also helpful to set goals, (long term goals)! Make a commitment to make a difference, and leave a legacy you can be proud of. The healthier you are, the more you will enjoy life, and the more productive you can be as well. Nothing would be more convincing than the progress you could soon begin making. So be an example, and then spread the word, (you can too)! We finally have the potential to become the healthiest nation in the entire world, and at considerably less expense, as well. Rather than spending the most, per capita, on our healthcare, than any developing nation in the world, our goal should be to instead spend the least, by focusing on disease prevention. First, we need to eliminate the corruption that is responsible for the exorbitant cost of our current healthcare system – the “drugs for everything, and nothing but drugs for anything” mentality.